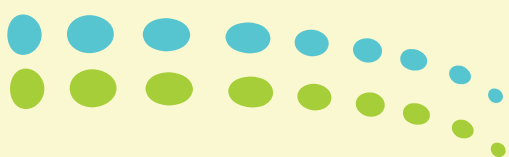




MASHAL

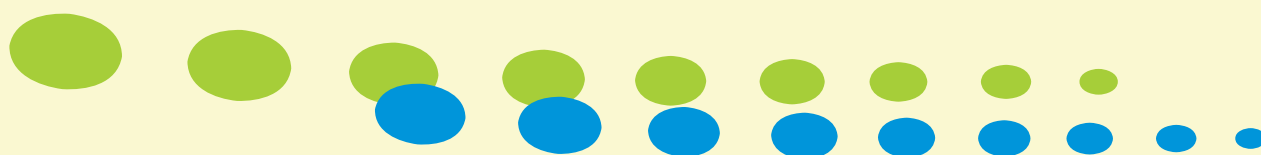


2020
Annual Report



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MESSAGE FROM THE PRESIDENT

'The Spirit of the Lord is upon me, because he has anointed me to preach the good news to the poor. He has sent me to proclaim release to the captives and recovering of sight to the blind, to set at liberty who are oppressed" Lk.4:18

Based on the above Gospel message Mashal has framed its vision 'An Egalitarian Society rooted in the values of Justice, Peace and Integrity of Creation'. Following the mandate of its vision, the personnel of Mashal commit themselves to accompany and enable the marginalized communities to affirm and uphold their rights and dignity.

The health team of Mashal involves itself in primary health care and total well-being of individuals and communities in Bihar. They devote themselves to the promotion of holistic Health Care and become channels of the Healing Love of God.

The Social Action Ministry's target group is the poor and the marginalized, and Mashal considers women as real architects of society. The members of Mashal reach out to thousands of adolescent girls and women who are deprived of their rights in the society. The programmes implemented enable them to develop optimum health care, self-esteem, leadership, self-confidence and gender justice to become change agents for the transformation of Society.

I appreciate all the Sisters and staff associated with Mashal for their commendable service to the marginalized in our society with dedication and commitment.

Pope Francis has given us a great example by what he says, what he does and how he goes to the periphery to find Jesus present in the poor, the desperately needy and those suffering from various kinds of discriminations.

May God reward you for all your hard work and enthusiasm in incarnating the compassionate face of God to the needy and poor.

Hearty Congratulations and Best Wishes!

Sr. Mary Tessa, SND

Provincial Superior

Sisters of Notre Dame, Patna, Bihar



MESSAGE FROM THE SECRETARY

It gives me immense pleasure to present you with the annual report of the interventions of Mashal in the year 2019-20. It has been a year of blessings from the good God for our partners, staff, stakeholders, and beneficiaries.

The report gives a glimpse into our journey of last year and highlights some of the most inspiring stories from the ground that became our motivation on the way. Hope you will find it an engaging read!

Through meaningful collaboration and positive partnerships, Mashal Health Care Units cared for about 1, 65,000 persons from the vulnerable communities through preventive and curative health care. Health camps and education on preventive and promotive health care for the patients and their families by the Health Care personnel made the intervention holistic.

In 2019-20, we added another meaningful chapter to our journey. By expanding our aim to 'reach the last illiterate girl', we have been able to bring the light of education to more than 2000 Out of School and irregular girls in the remote villages of 7 districts of Bihar. Interactive and self-exploratory workshops along with literacy program, empowered the girls with essential life skills.

Yet another memorable step forward was engaging in alternative livelihood promotion for 200 women of Charpokhari Block of Bhojpur district. Linkage with the agriculture department of the State Government opened up many opportunities for their economic empowerment.

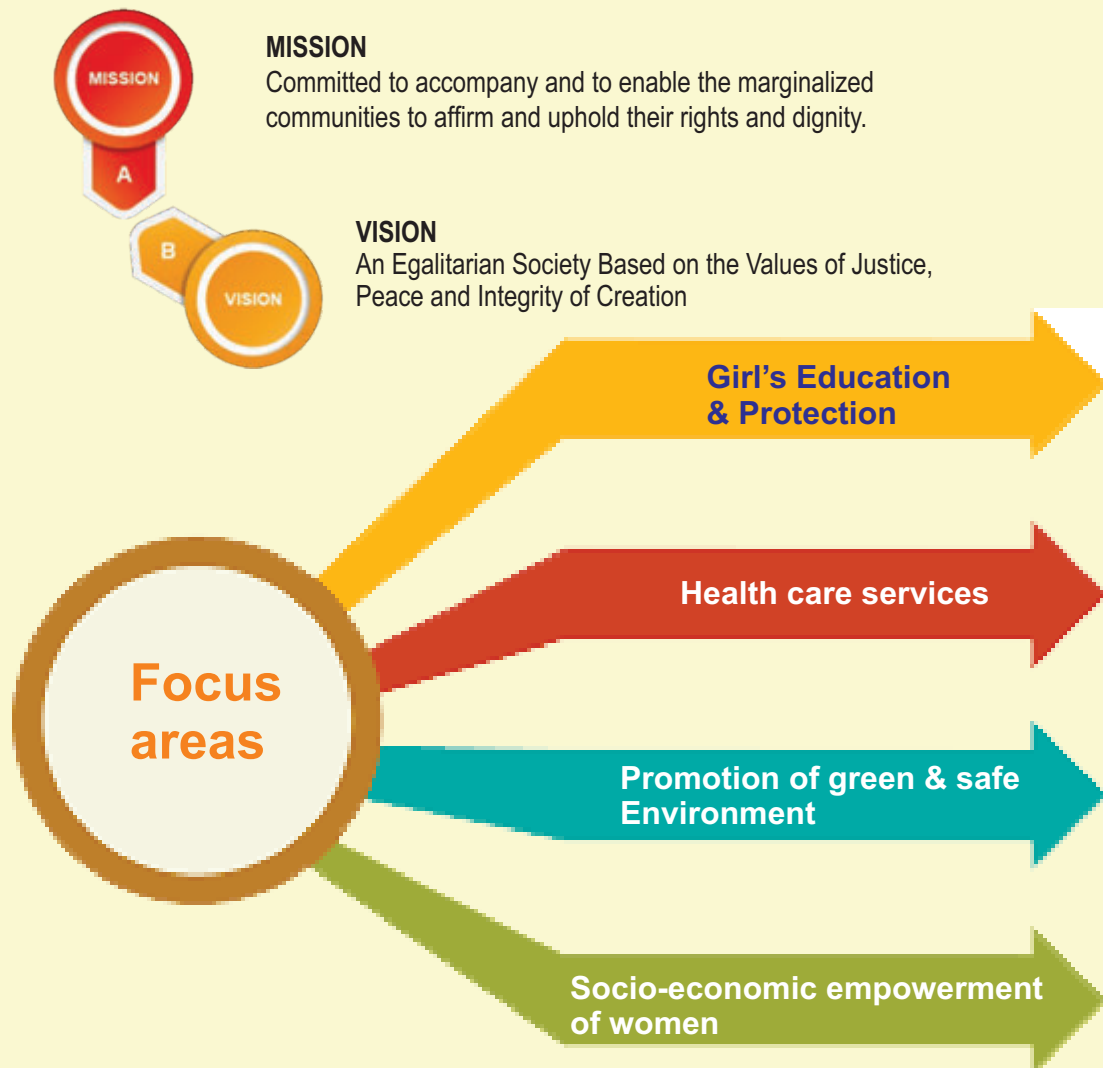
Impassioned with the determination to bring real and lasting transformation in the lives of the women and their families in the remotest parts of Bihar, Mashal empowered 8124 women through income generation programmes and capacity building trainings to rise above poverty and improve their quality of life.

Setting new benchmarks, Mashal in partnership with the Child Protection Society of Bihar, is providing a safe home and an enabling environment through education and all-around development, for girls in distress at Asha Kiran Home for Girls, Patna. It is gratifying to note that 97 girls have been restored to their families during the year and 16 of the girls are attending regular school.

Amidst the most profound local and global challenges surrounding COVID-19, the continued trust, support, and encouragement of our partners, the visionary leadership of the Board Members and the untiring work of those at the grassroots level fill us with energy and enthusiasm to march toward fulfilment of the vision and mission of Mashal: "Accompanying and enabling the marginalized communities to affirm and uphold their rights and dignity."

Chinnamma KC (Sr. Deepika SND)
Secretary, MASHAL

Mashal focuses on providing affordable health care, education and empowerment of women and adolescent girls from the most underprivileged communities through health care services, community-based organization of women and girls, participatory mode of training, workshops, and exposure programs towards developing optimum health, self- confidence, economic reliance, leadership and gender justice to enable them to become change agents for the transformation of society.

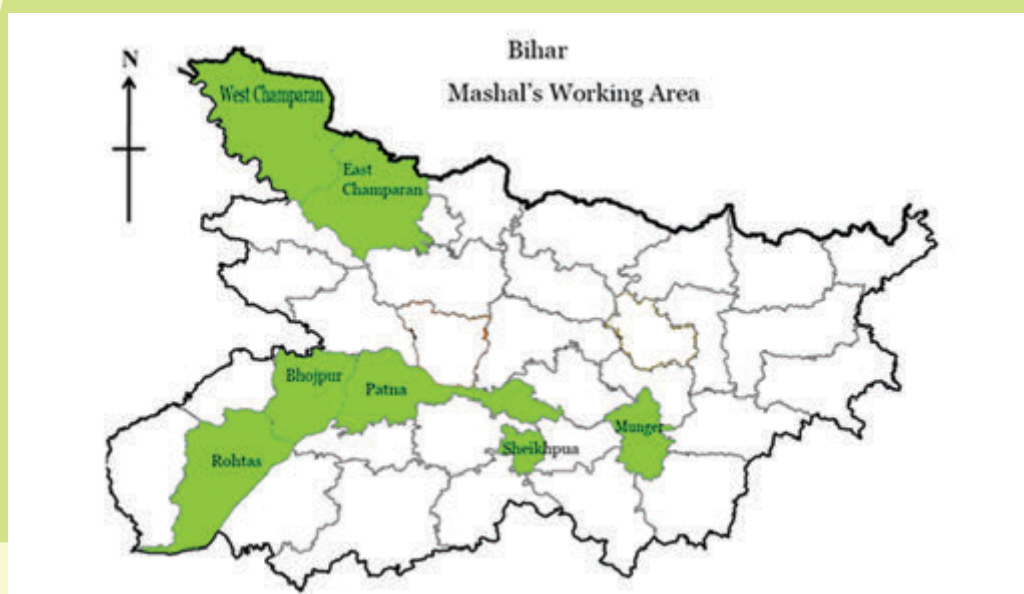
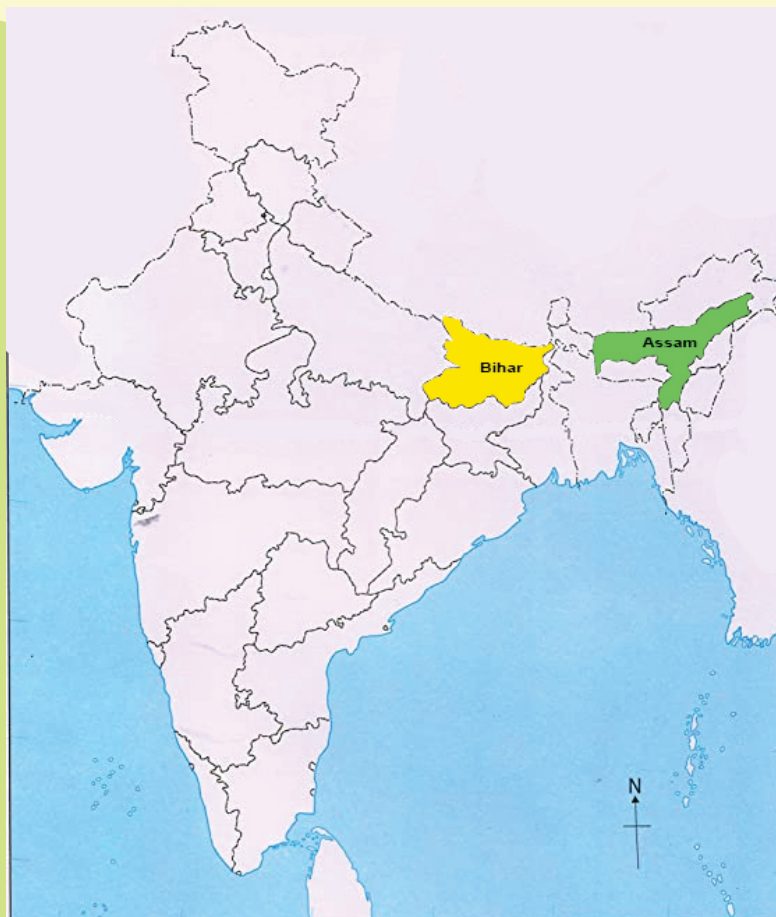


Over all Achievements

- 11,500 persons including children, adolescent girls, and women of marginalized communities have been organized for their entitlement
- 3,598 dropout girls linked with schools
- 1,65,693 patients gained access to health care
- 8084 women of 703 Community Based Organizations (CBOs) are socio-economically empowered



GEOGRAPHICAL COVERAGE



UNITS OF MASHAL

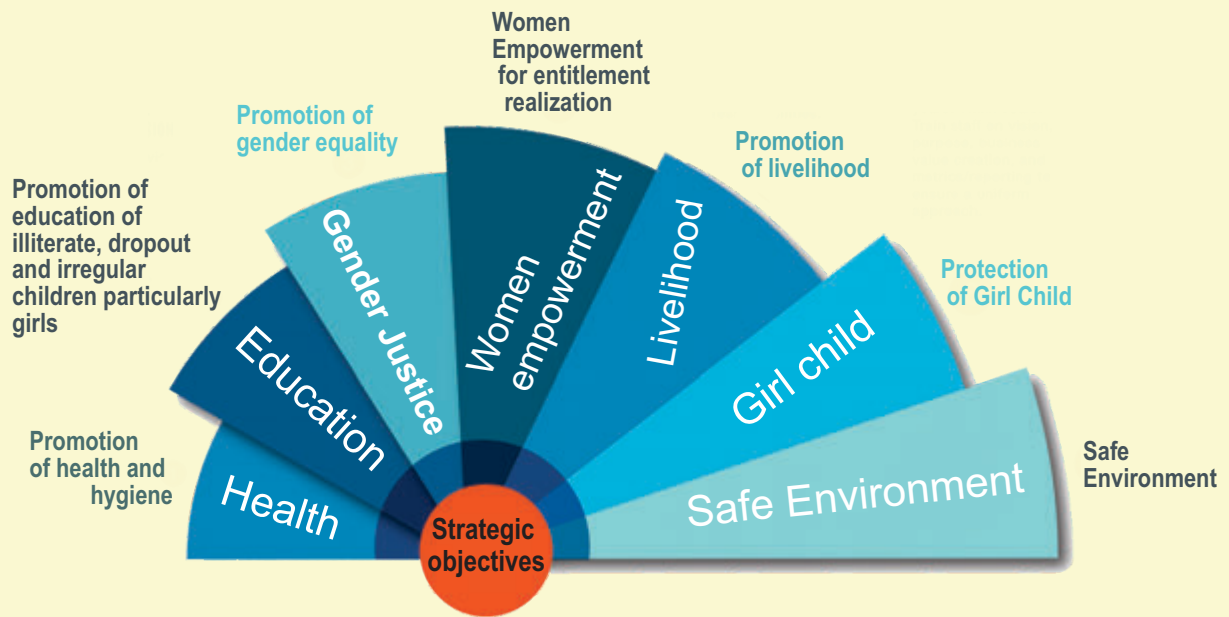
S. No.	Name & Address of the Centres of Mashal	District	State
1	Notre Dame Health Centre, Jamalpur	Munger	Bihar
2	Sanjeevan Community Health Centre, Victoria Mission	West Champaran	Bihar
3	Sheetal Swasthya Kendra, Sheikhpura	Sheikhpura	Bihar
4	Navjeevan Health Centre Sasaram	Rohtas	Bihar
5	Mahila Shikshan Kendra, Maria Ashram, Sheikhpura	Sheikhpura	Bihar
6	Integrated Community Empowerment Centre, Jamalpur	Munger	Bihar
7	Pushpa Community Development Centre, Piro	Bhojpur	Bihar
8	Jeevan Mashal Samiti, Chenari	Rohtas	Bihar
9	Mahila Chetna Kendra, Mashal Head Office, Patna	Patna	Bihar
10	CHESHTA, Raxaul	East Champaran	Bihar
11	Pragati Rural Development, Gahiri	West Champaran	Bihar
12	Navjeevan Development Centre, Sasaram	Rohtas	Bihar
13	Notre Dame Women's Development Centre, Hojai	Hojai	Assam



BENEFICIARIES OF SOCIAL SERVICE CENTRES

Sl. No	Name of Centres	State	Distric t	Block	Panchayat	Villages	No. of SHGs	No. of Women	No. of LKMs	No. of Girls	No. of NFE Children
1.	ICEC, Jamalpur	1	1	2	11	57	106	1176	49	495	-
2.	Nav Jeevan Development Centre, Sasaram	1	1	1	9	60	136	1760	36	430	-
3.	PCDC, Piro	1	1	1	5	30	40	405	32	472	-
4.	MSK Sheikhpura	1	1	2	19	68	250	2937	15	150	1003
5.	CHESHTA Raxaul	1	1	2	5	20	32	350	20	260	-
6.	Pragati Rural Development, Gahiri	1	2	2	6	38	73	794	26	262	-
7.	Jeevan Mashal Samiti, Chenari	1	1	1	9	68	66	702	35	486	-
8.	NDWDC, Hojai, Assam	1	1	-	-	-	-	-	-	-	-
9.	Mahila Chetna Kendra/	1	1	-	-	-	-	-	-	-	-
10	Asha Kiran, Patna	1	1							40	





"The Greatness of a community is most accurately measured by the compassionate actions of its members"



PROJECTS: APRIL 2019-MARCH 2020

1. 'Promotion of Basic Education of the Girl Children of the Deprived Communities in Bihar' Funded by Italian Bishops' Conference and Mashal
2. 'Promotion of Agro-related Livelihood Activities Among Marginalized Women in Rural Areas of Bihar' Funded by German Doctors and Mashal
3. 'Empowerment of Women and Adolescent Girls on the Margin' Funded by Mashal.
4. 'Residential Education and Training for Out of School Girls' by Government of Bihar, implemented by Mahila Shikshan Kendra (MSK), Sheikhpura.
5. 'Educate Girls, Empower Families and Society': Integrated Community Development Programme' Funded by Manos Unidas, Spain and Mashal.
6. 'Community Based Awareness Generation Initiative and Non-Residential Bridge Course for Education and Empowerment of Rural Adolescents (Girls & Boys)' funded by UNICEF, Patna, Bihar and Mashal.
7. 'Integrated Community Empowerment Programme', funded by KFB, Austria and Mashal
8. 'ASHA KIRAN- Home for Girls', funded by Child Protection Society, Government of Bihar and Mashal
9. 'Ladli ki Muskan' – a forum for empowerment of adolescent girls, funded by Mashal.



TOT for Staff at Mahila Chetna Kendra, Patna

"There is no limit to what we, as women, can accomplish." *Michelle Obama*

HEALTH CARE SERVICE

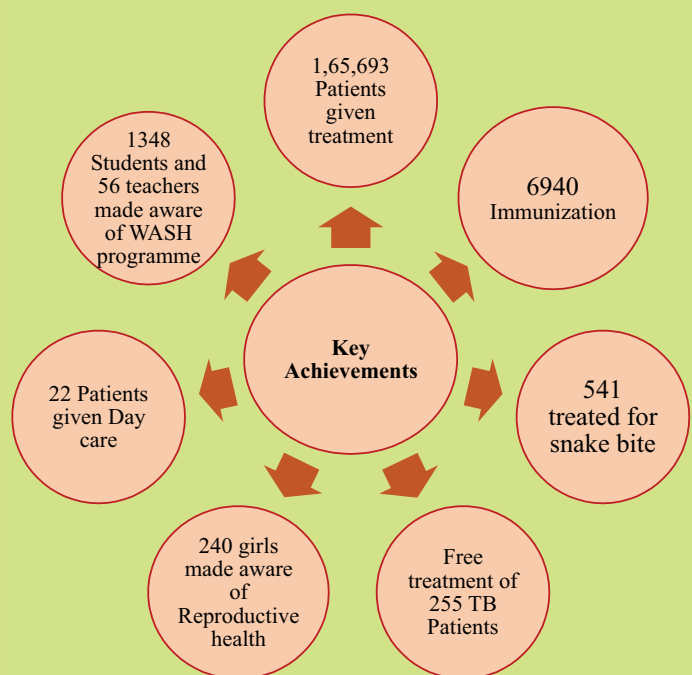
SDG 3-Good Health and Well being

Goal: "To provide essential health services and introduce innovative strategies of health care in the remote areas of Bihar"

Mashal is involved in promoting health and total well-being of individuals and communities in Bihar through various curative and preventive measures practiced in its Health care Centres. Services focus on promotion of safe motherhood, child health and enhanced community health. A large number of patients are cared for through the OPD sections of the Centres with the collaborative efforts of 50 committed staff and Sisters. The Sisters and the staff in the Health Care Centres care for the sick and elderly with compassion, professional responsibility, and reverence for the human dignity of those whom they serve. Preference is given to the care of women and girl children of the most deprived communities of rural Bihar. The Health Care Centres of Mashal function in four districts of Bihar, namely, Jamalpur in Munger Dt., Sasaram in Rohtas Dt., Gahiri in West Champaran Dt., and Sheikhpura in Sheikhpura Dt. Facilities available in these Centres include Day care, X-ray, Physiotherapy, Dental Care, Laboratory, Ultrasound. During the year the Centres have conducted camps such as Spirometry (SPM), Bone Marrow Density (BMD) camp, and awareness creation on cervical cancer.

Objectives of Health Care:

- To create a culture of health promotion and prevention, and early intervention
- To reduce maternal mortality rate
- To reduce infant mortality rate
- To promote immunization
- To provide affordable day care facilities
- To promote awareness regarding health indicators among all people



"When women take care of their health, they become their best friend" *Maya Angelou*

GIRLS' EDUCATION AND PROTECTION

SDG-4,5 Quality Education and Promotion of Gender Equality

Adolescence marks the developmental transition from childhood to adulthood, a time when many important social, economic and biological events set stage for adult life. The nature and quality of young people's future lives, as well as a country's future social and economic development depends largely on how well the adolescents navigate this transition. But in India, socialization of the girl child has been following a set pattern where she has been trapped and moulded by deep-rooted combined cultures of patriarchy and hierarchy. As per UNICEF, the State of the world's Children, 2011 report, India has the largest population of adolescents in the world. Bihar is the third most populous State in India with a total population of 104,099,452 (54,278,157 males and 49,821,295 females). In Bihar a large number of girls drop out of schools due to gender and social discrimination, burden of household works and caring for their siblings. Due to female foeticide and neglect of girl children in general, in Bihar, the sex ratio is 916 and the child sex ratio (0-6 years) is 935 per 1000 males (census: 2011). 55.9% children are suffering from malnutrition in Bihar due to inadequate nutrition and hygiene. According to the National Family Health Survey (NFHS-4, 2015-16) data, 39.1 % of women aged 20-24 years are married before they turn 18. This means 2 out of 5 adolescent girls are married off before they complete their higher secondary education due to traditional beliefs, cultural practices and lack of awareness on reproductive health awareness. Several types of crimes against girls, such as rape, abductions, child labour, human trafficking, etc. happen within the four walls of their homes and outside. Most girls endure these crimes silently due to lack of awareness of their rights and prevailing gender bias.

Mashal responded to the plight of adolescent girls from the vulnerable communities by making appropriate interventions for:

- strengthening them socially, educationally, emotionally and economically
- enabling them to raise their voice against discrimination and violence
- educating them to know their rights, and their role in society
- building up their dignity and self-confidence
- developing their leadership skill
- learning to access their entitlements in health, education and social security
- enabling them to contribute to the development of their family and society



Through its various programmes such as functional literacy, life skill education, critical social and cultural analysis, gender sensitization, strengthening of Community Based Organizations (CBOs) of girls, awareness campaigns, advocacy, and networking.

"Let us pick up our books and our pens, they are the most powerful weapons." *Malala Yousafzai*

The projects implemented in the year 2019-2020, in the above-mentioned thematic areas, were funded by UNICEF, Italian Bishops Conference, Manos Unidas, KFB, Austria, and Sisters of Notre Dame. These projects are being implemented by our seven Social Service Centres in Bihar, namely, Integrated Community Empowerment Centre, Jamalpur; Mahila Shikshan Kendra, Sheikhpura; CHESHTA, Raxaul; Pragati Rural Development, Gahiri; Jeevan Mashal Samiti, Chenari; Navjeevan Development Centre, Sasaram; and Pushpa Community Development Centre, Piro. These projects have brought new life and hope to over 2500 girls of 341 villages in 64 Panchayats of 7 Districts of Bihar.



Goal: Ensuring quality education and reducing child marriage among girls from the margins of the society.

Activities

- Tola (Hamlet) meeting
- Awareness Creation Campaigns
- Ladli Ki Muskan (LKM) meeting
- Academic Competition
- Weekly literacy classes
- Seminars on stopping child marriage
- Residential Special Training (RST)
- Holistic Residential Training (HRT)
- Training of Police personnel in prevention of child marriage
- Promotion of entrepreneurship
- Linkage with government schemes
- Training in Martial Arts for Adolescent girls.

Trainings in

- Life skill
- Gender sensitization
- Reproductive health
- WASH (Water, Sanitation and Hygiene)

Objectives:

- To make villagers, children and youth aware of Right to Education (RTE).
- To strengthen 'Ladli ki Muskan' Forum, for adolescent girls in villages
- To motivate adolescent girls for achieving academic competency
- To build awareness in girls on Reproductive Health
- To sensitize girls on gender issues and work for gender justice.
- To enable adolescent girls for raising voice against violence
- To empower adolescent girls for stopping child marriage

"Education is perhaps one of the most important ingredients to a happy, successful, and constructive life."



Tola meeting: One day tola/ village meeting was held in 150 villages



Achievements

- Tola meetings were conducted in 68 tolas/hamlets attended by 2,821 women, 2,228 men, 1,537 Adolescent girls and 754 adolescent boys. The topics discussed were sensitization of the villagers on RTE and information regarding Central and State government schemes which have been started for girls.

- 2,918 villagers from 30 villages participated in the tola meetings and were made aware of the importance of education and health for development in Sheikhpura

- 1,929 students and 1,216 parents attended the seminar organized in 35 Government schools on RTE and stopping child marriage in Dharhara Block of Munger district.

"Education is the most powerful weapon, which you can use to change the world." APJ. Abdul Kalam



Residential Special Training is being conducted by the Mahila Shikshan Kendra (MSK), a Unit of Mashal, in Chaithanya, Sheikhpura, Bihar with the financial support from the Bihar Education Project of Government of Bihar. The duration of the training is ten months. The beneficiaries of this training are dropout and illiterate girls from the most marginalized communities especially the Mahadalit communities. The group of 2019-20 had 150 girls, of whom 100 girls belonged to Scheduled Castes communities, 37 girls were from the Manjhi/Musahar, the Mahadalit communities and 13 girls from backward castes.



RESIDENTIAL SPECIAL TRAINING (RST) SHEIKHPURA

The training for the year was completed on 15 March 2020. The girls had regular literacy classes enabling them to be admitted to class V or VI in formal schools. The girls participated in extra-curricular activities like Karate, sports, music and cultural activities that helped to build up their self-confidence and leadership. All the 150 girls are admitted in their neighbourhood schools in Sheikhpura District after the completion of the Residential Special training. The training also helped illiterate and dropout girls of migrant families to attain age appropriate learning so that they could be easily admitted to schools.



"Women & Girls should be able to determine their own future, no matter where they're born." *Melinda Gates*



Holistic Residential Training (Jamalpur)



Success story

Vandana Kumari is an active member of Notre Dame Adolescent Girl's group in Jamalpur since last four years. She hails from a poor family. She was one of the few who managed to pass the matriculation examination in her village with good marks. Since she was a grown-up girl according to the norms of the village, she had to do all household chores as well as study. Finding no time to study at home after the daily classes, she failed in class XII. That made Vandana's parents decide that she need not study any further and planned to get her married.

Though Vandana wanted to study further, she could not resist the decision of her parents. During those days, Integrated Community Empowerment Centre, Jamalpur was conducting campaigns creating awareness on the negative effects of Child Marriage in the villages. Vandana was once again convinced to continue her studies instead of getting married. She managed to convince her parents not to arrange her marriage. She once again wrote class XII examination and passed with good marks. The parents now are supporting her to do graduate studies. Vandana is now a model for other girls in her village to stall early marriage and continue their education.



"Awake, arise and educate, smash traditions-liberate" *Sabitribai Phule*





Academic competition
& Weekly
Literacy classes,
LKM meetings in
various districts



"We have to teach our girls that they can reach as high as humanly possible." *Beyonce*





Training on Life Skills, Gender Sensitization and Reproductive Health



Achievement

450 children (boys and girls), who were out of school or irregular in school, are attending school regularly. Our Non-formal Education Centres have enhanced their participation and performance in school.

50 women took part in interface meetings with teachers and Principals of Government schools to share concerns and to demand regular teaching.

Parents of 7 villages met the School management committee (SMC) members and addressed important issues regarding children's education.

Over 200 children of our Non-formal centres have demonstrated visible improvement in their reading and writing skills.

196 girls are attending the weekly literacy classes in 17 villages of Jamalpur and Dharhara Blocks.

47 child marriages have been prevented out of the 80 marriages that were planned in our project areas.

You educate a man; you educate a man. You educate a woman; you educate a generation." *Brigham Young*





Achievements

- 16 girls below the age of 18 refused their marriage proposals and are continuing their education.
- 1242 women, youth and men participated in the campaign and committed themselves to stop child marriage and trafficking.
- 46 girls completed the vocational skill training out of the 100 girls who had taken admission this year.
- 13 adolescent girls completed Diploma in Computer Application.
- Holistic Residential Trainings spread over 50 days were attended by an average of 45-50 girls.
- 7-day trainings were organized in seven Panchayats and 107 elected members of Panchayati Raj Institutions (PRIs) who attended these trainings pledged to stop child marriages.
- 103 Adolescent girls got benefits from various schemes of the government, worth Rs. 351450/-.



"There is no greater pillar of stability than a strong, free, and educated woman." *Angelina Jolie*



Celebrating the International Day of the Girl Child on 11th Oct, 2019



International Day of the Girl Child was celebrated in Nokha, Charpokhari and Dharara Blocks through Mashal's Units namely NDC, Sasaram, PCDC, Piro and ICEC, Jamalpur and MSK, Sheikhpura

"A woman is the full circle. Within her is the power to create, nurture and transform." *Diane Marie child*



ASHA KIRAN-HOME FOR GIRLS

ASHA KIRAN-HOME FOR GIRLS came into being on 17th May, 2018, with nine girl children in need of protection and care. This project was undertaken by Mashal with support from Child Protection Society, Patna, Government of Bihar. ASHA KIRAN-Home for Girls offers residential facility and programme for the holistic development for girls in distress, aged 6-18. It is situated in the campus of Notre Dame Academy, Patliputra P.O., Patna. The girls are brought to the Home by the concerned department of the Government. The Home caters to about 40-45 girls at any given time. Seventeen girls of Asha Kiran are attending regular classes in school. The Home has facility for Digital Learning System installed by SCPS with the support of Navjagriti Plan India (NGO) of Patna. Children who are older and not able to have formal education attend smart classes in the Home.

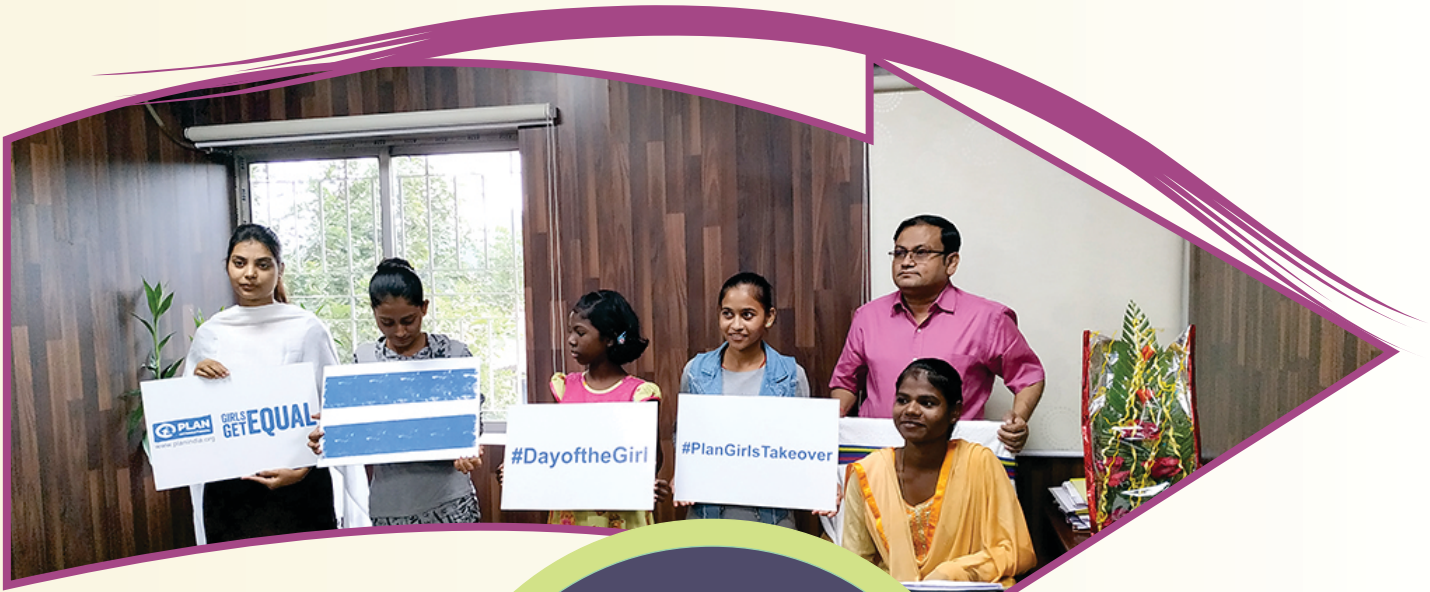
Activities

- Literacy classes
- Handicraft activities
- Drawing and painting
- Yoga and meditation
- Celebration of Republic Day, Independence Day, World Day Against Child Labor, Girl Child's day, Child Rights Day and other significant national and international Days.
- Workshop on Art & Craft
- Sessions on Spirituality for better living.
- Two-month classes on Madhubani Paintings
- Patna tour to know the capital
- Participation in Seminar by Railway Child Line.
- One-month Training on Children 's Parliament



"A woman is the full circle. Within her is the power to create, nurture and transform." *Diane Marie child*





A girl from Ashalkiran, was made the Director of Social Welfare Department of Bihar for one day on the "International Day of Girl Child"



"Women are the largest untapped reservoir of the world" Hilary Clinton



Achievement

- ASHA Kiran- was able to bring back smiles on the faces of 159 girls this year by providing a safe, joyful and upholding environment.
- 97 girls were restored to their homes from April-2019 to March 2020
- 8 Children were restored to their families with the help of their Aadhar Card details.
- Aadhar Card details of 16 children could be traced with the help of the department and first copies of their Aadhar cards were made available to them.
- 16 girls are admitted in Notre Dame Julie School, Patna and are studying in different classes from KG to class VII and one of the girls is going to Hartmann High school.



"Women are the largest untapped reservoir of the world" *Hilary Clinton*



SOCIO-ECONOMIC EMPOWERMENT OF WOMEN

SDG-1,2&5: Reduce Poverty, Ensure Access to Food and Promote Gender Equality

Rural women around the world are instrumental in poverty reduction and sustainable development in communities and households through a myriad of livelihood strategies. In developing countries, women make important contributions to the rural economies while ensuring food security through livelihoods as farm labourers on their farms or as wage labourers on other people's farms, producing for their own consumption or for selling or both and much more. Food security exists when all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food which meets their dietary needs and food preferences for an active and healthy life. Although their roles vary a great deal in different regions, rural women manage complex households and are involved in multiple livelihood strategies.

Mashal has been working at the grass-root level to empower the deprived communities of SC, ST, EBC and OBC of Bihar, especially women and girls in Chenari, Sasaram, Piro, Jamalpur, Sheikhpura, Gahiri and Raxaul, for the last two decades through informal education, health care, and empowerment of women through SHGs.

Mashal has been collaborating successfully with National Bank for Agriculture and Rural Development (NABARD), Manos Unidas, Spain, German Doctors and Catholic Women's Association Austria for Socio-Economic empowerment of women.



"When women participate in the economy everyone benefits." *Hillary Clinton*



Goal: Promoting women's leadership to realize their dignity and rights by capacitating women of Community Based Organizations.



Objectives

- Strengthening of Federation and lobbying and advocacy by women individually, as a group, and as a Federation in order to get better access to government schemes.
- Capacity building of women to fight against sexual abuse and violence.
- Equipping women for better participation in local governing bodies (Gram Panchayat)
- Creating and providing opportunities for sustainable livelihoods for marginalized women in rural areas
- Improving skills for eco-friendly, agro-related livelihood activities
- Promoting entrepreneurship among women through income generation programs

Activities

- Monthly CBO meetings at village level
- Cluster meetings at Panchayat level
- Federation meetings at Block level
- Formation of JLG
- Federation Management training for the leaders
- Inter-face meeting with service providers by federation leaders to create a platform for women to raise their voice to demand their rights
- Networking with other Agencies
- Promotion of Income Generation Programmes (IGP)
- One day training on schemes of government and NABARD to promote Animal husbandry and organic farming
- Training on Goat rearing for Federation members
- Training of women in techniques for marketing of products
- Celebration of International Women's Day
- Leadership Training conducted for 308 women of Self-Help Groups
- Awareness on Participation in Gram & ward Sabha



"The empowered women are powerful beyond measure and beautiful beyond description." *Steve Maraboli*



Sl. No	Name of Schemes	No. of beneficiaries of Piro	No. of beneficiaries of Raxaul	No. of beneficiaries of Sheikhpura	Total
1.	Cycle Yojana	5	-	-	5
2.	Disability Pension	-	33	-	33
3.	Disability Certificates	-	45	-	45
4.	Family Planning	8	-	-	8
5.	Health Golden Card	29	-	-	29
6.	Janani Surksha yojana	8	2	-	10
7.	Kanya Uthan Yojana	2	-	11	13
8.	Kanya Vivah Yojana	-	-	4	4
9.	Kishan Beej Vitran	30	-	-	30
10.	Long pending Bank accounts opened for children for approved pensions	-	8	-	8
11.	Mukhya Mantri Protsahan yojana	3	-	-	3
12.	Nal Jal yojana	-	-	1279,	1279
13.	New Ration Card (PDS)	-	47	-	47
14.	Old age Pension Yojana	-	-	40,	40
15.	P.M Awas yojana	14	6	241	261
16.	Parvarish Yojana	-	-	6,	6
17.	Pave road & drainage	1	-	-	1
18.	PM Samman Nidhi	2	-	-	2
19.	Pradhan Mantri Jeevan Jyoti Yojana	-	-	2	2
20.	Pradhan Mantri Ujjwala Yojana LPG gas	-	-	873	873
21.	Registration of Labour	5	-	-	5
22.	sanitary pad	5	-	-	5
23.	Scholarship	8	-	-	8
24.	Sukanya Samridhi yojana	10	-	-	10
25.	Toilet Scheme	-	8	754	762



CAPACITY BUILDING OF PROJECT PERSONNEL

Activities



Five days orientation programme for the project personnel at the Centre

- Explanation of the project concept and objectives.
- TOT on animation of adolescent girls.
- TOT on informal education and teaching methods.
- TOT on formation and processing of Kishori Adalat (Adolescent Girls' Court) at Panchayat level.
- TOT on Menstrual Hygiene Management (MHM).
- TOT on Children's Protection Policy and Childline.
- Discussion on Child Protection Policy of Mashal.
- Methods of joyful learning.



"There is no tool for development more effective than the empowerment of women." *Kofi Annan*



International Women's Day
Celebration on 8th March, 2020



International Women's Day was celebrated in Nokha, Charpokhari Sheikhpura and Dharahara Blocks through Mashal's Unit namely, PCDC, Piro and ICEC, Jamalpur and MSK.



"Women are the real architects of society" *Harriet Beecher Stowe*



PROMOTION OF GREEN AND SAFE ENVIRONMENT

SDG 6,7,12,13,14 and 15: Mobilizing villagers, CBOs, and Youth to promote healthy and sustainable development

Goal: Communities are sensitised to adopt practices that will protect the Earth and the Environment

Activities

- Awareness campaigns, Rallies
- Workshop & training
- Drawing & painting competitions
- Awareness creation meetings on effects of plastic bags on the environment
- Save the water and save the trees campaigns

Achievements

- 1230 Students and 56 teachers from 8 government schools in Charpokhari Block, were motivated for saving the environment by practices such as planting trees in vacant lands.
- 150 Adolescent girls and 150 women participated in a human chain on Earth Day in Sheikhpura.
- 60 women, 33 Adolescent girls and 17 adolescent boys participated in a human chain for promoting a green and safe environment in collaboration with the district administration of Raxaul.
- 703 CBO members and 213 LKM members were made aware of the harmful effects of plastic bags on the environment and the need for saving water and plants for a healthy environment.
- 450 women were given various fruit trees for planting in Dharhara Block.



"If you want to save the humankind, you should first take care of Nature." Ana Claudia Antunes



MAHILA CHETNA KENDRA

Mahila Chetna Kendra serves as a Women Resource Development Centre.

The following table illustrate the training programme of the year:

Mahila Chetna Kendra Conducted Training at different Organizations April 2019 to March 2020				
Sl. No.	Name of the Training	No. of Participants	No of Training	Name of the Agencies
1.	Gender sensitization and women & child rights	30	1	BDVS, Patna
2.	Gender sensitization and women & child rights	20	1	Arunoday, Patna
3.	Gender sensitization and women & child rights	35	1	BDWWT, Patna
4.	Gender sensitization and women & child rights	35	1	Jeevan Sangham, Gaya
5.	Life Skill training	200	5	PCDC, Piro
6.	Life skill training	40	1	NDC, Sasaram
7.	Reproductive health care	120	3	PCDC, Piro
8.	Gender sensitization	60	2	PCDC, Piro
9.	Capacity building of Federation members	35	1	ICEC, Jamalpur
10.	Orientation programme of staff on third phase of KFB project	17	1	ICEC, Jamalpur
	Total	592	17	

"Freedom is to live with dignity" *Manal al-Sharif*



SOWC OF MASHAL

STRENGTH

- Sustained commitment for systemic change
- Networking
- Administrative system and legal requirements in place
- Committed, trained and experienced personnel
- Open to ongoing organizational assessment and innovation
- Availability of opportunities to enhance knowledge and skills
- Necessary facilities and infrastructure for residential training
- Visibility, credibility and good will

OPPORTUNITIES

- Availability of local resources
- Presence of large number of deprived groups in need
- Supporting agencies
- Possibility of a multi-pronged approach to development
- Research and idea generation possibilities

WEAKNESSES

- Non-availability of competent human Resource
- Not enough focus on necessary financial security

CHALLENGES

- Developing systems for local resource mobilization
- Corruption in availing schemes
- Extreme weather conditions that prevent proper communication
- Situations of violence especially on women, girls, Dalits, tribals and minorities

Conclusion:

Mashal is thankful to all the Sisters and staff of each Unit for their hard work, sincere commitment and dedication in the service of the sick, and the deprived communities. Mashal, remembers with gratitude, its collaborators and funding partners of the year for their support and encouragement in carrying out its aims and objectives of building an egalitarian society based on the values of justice, peace and integrity of creation. The smiles on the faces of the people we serve, especially women and children, assures us that we are making a difference in the lives of the people who need us the most at this time. As Mashal journeys forward in its mission of healing and social transformation, may the divine wisdom be the source of all its endeavours and may the power of the Almighty be its protector and guide.

"Behind every successful woman is Herself."



THE LIST OF THE GOVERNING BODY MEMBERS 2019-20

SL No	Name of the member	Office	Occupation	Address
1	Sister Mary Tessy	President	Provincial Superior- Sisters of Notre Dame	Notre Dame Convent Patliputra P.O. Patna -13
2	Sister Nishkalanka	Vice President	Assist. Provincial Superior –Sisters of Notre Dame	Notre Dame Convent Patliputra P.O. Patna -13
3	Chinnamma KC	Secretary	Social Work	Mashal 20-C, Patliputra Colony P.O. Patna-13
4	Sister Manjusha	Treasurer	Finance Manager	Mashal 20-C, Patliputra Colony P.O. Patna-13
5	Sister Mary Udaya	Member	Social Work	Mahila Shikshan Kendra Maria Ashram Sheikhpura 811105
6	Lucy Machikat Joseph	Member	Doctor	Notre Dame Health Centre Jamalpur, Munger Dist
7	Sister Mary Sujita	Member	Social Work	Notre Dame Convent Patliputra P.O. Patna -13
8	Jacob Jessy	Member	Social Work	Integrated Community Empowerment Centre, Jamalpur, Munger Dist.
9	Amrita Ekka	Member	Social Work	Puspha Community Development Centre Piro, Bhojpur Dist

'Feminism isn't about making women strong. Women are already strong. It's about changing the way the world perceives that strength.' G.D Anderson



CORE TEAM OF MASHAL



DONORS OF MASHAL





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