



Annual Report
2021 - 22





Message from the President

..... We respond to the needs of the times and share God's compassionate love with people of all faiths and cultures." (SND Const. Art.3).

Mashal makes an earnest attempt to actualize what Art.3 of our constitutions tells us to do. It is clear from its Vision and Mission statements.

Vision: An Egalitarian Society based in the values of Justice, Peace and Integrity of Creation".

Similarly, the Mission statement of Mashal reads, "Committed to accompany and to enable the marginalized communities to affirm and uphold their rights and dignity". Accordingly, Mashal has defined its 'Thrust Areas and Priority Groups'.

Having gone through the Annual Report of the Mashal, I feel gratified to note that all the units and Sisters have done a commendable job. Mashal moves with clear goals and is energized by the Gospel Values. Mashal is a bright light that illumines the lives of so many individuals and communities of people.

Since many of our communities are part of Mashal, the principle of Synodality is visibly working in the involvements. The Social Action Ministry and the Health Care Ministry are outstanding examples of Synodality.

My Congratulations to Sr. M. Deepika for organizing and monitoring the activities systematically and efficiently. All the Sisters associated with Mashal are agents of development and social transformation to build an Egalitarian Society. With sincere gratitude, I congratulate each one of you.

May Mashal Continue to burn bright. May God continue to guide and reward you with the outpouring of the Holy Spirit upon you.

Best Wishes and Hearty Congratulations!

Sister Mary Tessa, SND

FROM THE SECRETARY cum DIRECTOR'S DESK



selfless dedication.

With deep gratitude to the Almighty God for the divine protection of all our staff and partners during the days of pandemic, I present this Annual Report capturing our achievements under different thematic priorities. It encapsulates the efforts of Mashal to empower the communities with knowledge and capacities to lead their development process. In this process, the personnel of Mashal are motivated by compassion and

During the pandemic, following required safety measures, Mashal staff worked relentlessly to extend humanitarian services to the people in distress and need. Our 4 Health Centres provided health and medical services to thousands of sick and suffering humanity.

Definite plans were chalked out with the support of Unicef Bihar, Italian Bishop's Conference, and Kindermissionswerk Germany, to bridge the digital divide among hundreds of rural school-going children and to provide learning opportunities for out of school and dropout children of marginalised communities through mobile learning centres and flexible learning centres.

Showing great deal of resilience, Mashal staff worked with deep commitment to initiate Integrated Tribal Development Programme in ten Santhal tribal villages of Haveli Kharagpur Block, Munger Dt. a unique program of NABARD to ensure livelihood and food security of the tribal people.

The year also saw Mashal team engaged in partnerships for promoting Climate Adaptive Agriculture and Food Sovereignty among women farmers of Munger, Sheikhpura and Bhojpur Districts supported by German Doctors, KFB, Austria and Sisters of Notre Dame.

Along with the dedicated team of Child Protection Society, Patna, Mashal's Home for Girls in need of Protection and Care, Asha Kiran, has provided emotional, and social support apart from physical protection, safety and regular education to the girls who were brought to the Home. Despite the lockdown, many could be restored to their families and sent for vocational training.

I express sincere appreciation and gratitude to the Board members, collaborators, national and international donors for their support and our team for their dedicated service. Together we have made a difference which is evident as you glance through the following pages and I look forward to the valuable cooperation and collaboration of all stakeholders as we continue our endeavours towards sustainable change.

Chinnamma KC,

Secretary cum Director,

Mashal

Vision:

An Egalitarian Society Based in the values of Justice, Peace and Integrity of Creation

Mission:

Committed to accompany and to enable the marginalized communities to affirm and uphold their rights and dignity

Thrust Areas:

- End poverty in all its forms everywhere (SDG 1)
- End hunger, achieve food security and improved nutrition and promote sustainable agriculture (SDG 2)
- Ensure healthy lives and promote well-being for all (SDG 3)
- Ensure inclusive and equitable quality education (SDG 4)
- Promote gender equality and empower all women and girls (SDG 5)
- Promote sustained, inclusive and sustainable economic Growth (SDG 8)
- Protect, restore and promote sustainable use of ecosystems (SDG 13, 15)
- Promote peaceful and inclusive societies for sustainable development (SDG 16)
- Revitalize partnerships for sustainable development (SDG 17)

❖ Priority Groups:

- **Women, children and youth of vulnerable communities,**
- **victims of natural calamities and disasters,**
- **persons with disabilities**

Units of Mashal

S.No	Name & Address of Health Centres of Mashal	District	State
1	Notre Dame Health Centre, Jamalpur, P.O- Jamalpur, Pin. 811214	Munger	Bihar
2	Sanjeevan Community Health Centre Victoria Mission, P.O- Gahiri, Pin. 845438	West Champaran	Bihar
3	Sheetal Swasthya kendra Maria Ashram, P.O- Sheikhpura, Pin. 811105	Sheikhpura	Bihar
4	Navjeevan Health Centre, New Area, P.O – Sasaram Pin -821115	Rohtas	Bihar

S.No.	Name & Address of Social Action Centres of Mashal	District	State
1	Mahila Shikshan kendra, Maria Ashram, P.O- Sheikhpura, Pin – 811105	Sheikhpura	Bihar
2	Integated Community Empowerment Centre, Jamalpur, P.O- Jamalpur, Pin – 811214	Munger	Bihar
3	Pushpa Community Dev. Centre, Piro, P.O-Piro, Pin – 802207	Bhojpur	Bihar
4	Navjeevan Development Centre, New Area, P.O. Sasaram, Pin -821115	Rohtas	Bihar
5	Jeevan Mashal Samiti, Julie Bhawan, P.O-Chenari, Pin – 821104	Rohtas	Bihar
6	Pragati Rural Development Centre, Victoria Mission, P.O. Gahiri, Pin -845438	West Champaran	Bihar
7	Cheshta,Raxual, Airport Road, P.O –Raxaul, Pin – 845035	East Champaran	Bihar
8	Women Development Centre, Hojai	Hojai	Assam
9	Mashal Head Office, 20-C, Patliputra Colony, Patna	Patna	Bihar

Report of Health care Centres

The Notre Dame Sisters and the staff in Health Care Centers care for the sick and elderly with compassion, professional responsibility, and reverence for the human dignity of those who are served. We are engaged in Curative, Preventive, and Promotive aspects of health care. Our target group is the poor and the marginalized. We give special preference to women and girl children.

STATISTICS:

	JAMALPUR	SASARAM	GAHIRI	SHEIKPURA
No. of Personnel	22	16	5	3
OPD Patients attended to	90767	18703	9572	4753
Immunization given	2918	--	----	461
Snake bite cases treated	--	==	462	60
Dental cases attended	----	50	---	-----
Physiotherapy given	----	792	--	-----
Tuberculosis patients under RNTCP	----	42	---	-----

1. Medical facilities available at the Health Centres:

- Day Care of Patients
- Alternative system of Medicine: Physiotherapy, Nuga bed, Massage
- Minor surgery: Incision & drainage
- Facility for ultrasonography and a lab for the hematological, biochemical investigations, semen analysis, and urine test.
- Snake bite cases are attended to at any time of the day in Gahiri
- Snake bite, scorpion sting and lizard bite cases are also attended to in Sheetal Swasthya Kendra in Sheikhpura.
- Children under five are given vaccination for BCG , DPT, measles ,MMR (Measles, Mums and Rubella) ,Hepatitis B , Hepatitis A, Meningitis ,Typhoid ,Chickenpox , Tetanus toxoid ,Pneumococcal and Rotavirus in some of the Health Centres.

2. Laboratory investigation: Tests for Hb, CBC, MP, Widal., ASO, RA Factor, Urine Pregnancy test, Blood grouping and typing, HIV VDRL, Urine Analysis, Semen Analysis, Blood sugar TFT, LFT, RFT, Uric Acid etc. are done in all the Health Centres at affordable cost for the poor patients.

3. Promotion of Holistic Health through outreach activities

Apart from providing curative care at the Health Centres, the personnel of the Health Centres are engaged in promoting holistic health in communities. During the reporting year the following activities were conducted:

a) Health Education: Health Education is provided regularly to all the staff and patients in all the Health Centres.

Workshop on Kangarooing and breast feeding: A workshop on Kangarooing and breast feeding of new born babies was conducted by the Danone Nutricia Company for all the staff of Notre Dame Health Centre, Jamalpur.

b) Medical Camps

- **Spirometry (SPM)** – In Nav Jeevan Health Centre, Sasaram, SPM is conducted twice a month to assess the lung function capacity of COPD (chronic obstructed pulmonary disease) patients. The total no. of patients tested during the year is 100.
- **Bone Marrow Density (BMD)**- In Nav Jeevan Health Centre, Sasaram, BMD is conducted once a month. The average no of patients tested per visit are 7 to 10.
- **Village Health Camps**
On 19th September in collaboration with ICEC (Integrated Community Empowerment Center), Jamalpur the Staff of Notre Dame Health Center conducted a health camp in Lalmattiya village, Haveli Kharagpur Block, Munger Dt. Dr. Sr. Lucy gave a talk on early detection and prevention of cancer in women to 50 women gathered there. Free medical checkup was conducted and free medicine to the patients. About 150 patients benefitted from the camp. This camp was sponsored by NABARD through Mashal.
- **Anemia detection camp**
A free camp for detection of anemia in women and adolescent girls was conducted at our Notre Dame Health center, Jamalpur. Of the eighty-four tests done, 43 of them were found to be anemic.

c) Cancer awareness program

On 13th October 2021 awareness creation seminar was held on early detection and prevention of cancer in women to the patients at Notre Dame Health Center, Jamalpur with the assistance of audio-visual aids. Pamphlets on the same theme was distributed. About 100 women attended this awareness program. Treatment was begun for those who had low hemoglobin level.

d) Visits to villages and families:

Every week 2 staff of Nav Jeevan Health Centre, Sasaram, visit the villages and particularly of the TB patients;

- to ensure that they take the medicines regularly,
- to discuss the progress with the family members,

- to encourage anyone having signs and symptoms to have sputum test done for the early diagnosis and treatment of TB.
- to encourage those who are suffering chronically due to pain to avail the alternative health care available at Nav Jeevan Health Centre, Sasaram.

e) JPIC (Justice, Peace, and Integrity of Creation) Activities:

In Navjeevan Health Centre, Sasaram, the staff engage in caring for the Earth once a week on Saturdays.

- Notre Dame Health Centre organized one day seminar on JPIC. The focus was on the importance of Being positive and vibrating positive energy to one another and to the whole universe.
- Herbal Garden is grown to prepare herbal medicines such as Avala tonic, Aloe vera Tonic, Massage oil and Anti gas Powder by Sanjeevan Health Centre, Gahiri.

Networking and Collaboration

- **RNTCP:**

Navjeevan Health Centre, Sasaram is approved by the Government as DMC and treatment Centre under RNTCP center. Anti TB drugs and reagents for the lab test are supplied free of charge by Government.

- On 3rd March 2022, a memorandum of Understanding (MOU) between Notre Dame Health center, Jamalpur and Bihar State AIDS control Society is signed for service of patients in counseling and testing of HIV to eradicate HIV AIDS and to control transmission of HIV from mother to fetus.

Report of Social Action Involvements

“The Sisters who engage in social action are sensitive to the dignity of every human person entrusted to them. They recognize the face of Jesus in those they serve. The sisters show preference for those services that promote the empowerment of women and the care of children. Wherever possible, they commit themselves to change unjust social structures. (SND Consti. Dir.#66.4)

Statistics of Social Action Units:

Units	No.of Personnel	No.of students in Bridge schools/ Adolescent Girls	No.of women in SHGs/JLGs	No.of youth in skill trainings	No.of families in TDF project
Jamalpur	20	450	1300	75	200
Hojai	2	0	0	25	0
Sasaram	6	463	1120	25	0
Gahiri	23	750	600	119	0
Sheikpura	42	1500	2024	330	0
Raxaul	5	215	350	25	0
Piro	6	200	200	0	0
Chenari	5	312	607	0	0
Mashal HO & Asha Kiran	4+17	50	0	10	0

Focus Area: Education

Project 1.

Funding Partner: UNICEF, Patna

Name of the project: To support continuation of learning during school closure and Mainstream Out of School Children amidst lockdown and unlock situation.

Area of Implementation: 15 centres in Gahiri, West Champaran and 30 Centres in Sheikhpura districts

Objectives of the Project:

1. To enable the children of the marginalized communities have access to education.
2. To facilitate age-appropriate learning students of the marginalised.

3. To reduce the digital gap of the children of vulnerable communities.
4. To make learning joyful and engaging for the dropout and out of school children
5. To involve the parents in education of the children
6. To continue education of the school going children during lockdown

Location	15 villages (12 tolas of Musahar Community in Nautan Block of West Champaran Dt.) and 06 Villages in Ariari Block (5 tolas of Musahar Community) and 24 villages of Sheikhpura Block (17 tolas of Musahar Community) under Sheikhpura Dt.
Number of children	600 children in West Champaran and 1200 Children in Sheikhpura Dt.
Age of students	06-14 years
Classes	01 to 08
Educational Status	Dropout, Out of School, Irregular and regular school going children.

Program Outputs

Program Output – 1: E- learning facilitated for students aged 06-18 in 45 Centres

MLRCs (Mobile Learning Resource Centres) were conducted in hamlets of marginalized communities using vehicles that were furnished with TV (size 43”) speakers along with the library books and TLM displayed the lessons during school closure. 30 lessons of sections up to class 8 that were aired by BEPC in collaboration with Unicef on Doordarshan Channel were taught to the students.



- 668 students (Girls - 442 and Boys - 226) in West Champaran district and 1502 students (Girls - 860 and

Boys - 642) in Sheikhpura Dt. attended the MLRC classes.

Program Output 2: Learning is facilitated for OOSC and school going children in the Non-residential Bridge Course Centres in 15 tolas

Regular Non-Residential Bridge Course Centres (NRBCCs) were conducted to enable children from age 06 to 12, who were dropouts and irregular to school, learn to read and write Hindi and Maths up to the level of class III.



Beginning classes with physical exercises, action songs, rhymes, and storytelling helped the children enjoy the learning. Workbooks with demonstrations and pictures, story books, letter cards and letter charts were used to help children achieve proficiency in Hindi. Ganitmala, Tilli Bundle and Number cards and Charts were used to teach numeracy.

- 653 (Girls- 430 and Boys- 223) in 15 centres West Champaran Dt. and
- 1203 (Girl- 696 and Boys- 507 in 30 centres in Sheikhpura Dt. attended NRBCCs

Program Output 3: Parents and elders participate in the awareness creation seminars on the value of girl children and importance of their higher education



Awareness creation seminars on the value of girl children, importance of their higher education, and gender based discriminatory practices and discussions on challenges faced in the functioning of both MLRC and NRBCCS were held every month for the parents in all the 45 project villages.

Outcome:

- Parents became aware of the importance of the education especially of girl children, adverse effects of illiteracy, child marriage and child labour etc. and began to send children regularly and on time to the Centres.
- 600 Girls who were not enrolled in schools or had discontinued classes were readmitted or enrolled in schools.
- 24 girls who had dropped out after class VIII took admission in BBOSE and wrote examination.
- In West Champaran, 17 girls took admission in residential school for Mahadalits run by Nari Gunjan in Danapur, Patna.

Program Output 4: Parents participate in the interface meeting with NRST team and strengthen “Transitional Schooling”



Interface meetings were conducted during the quarter of October- December 2021 in both districts.

Topics of Discussion:

- Re-admitting the dropout students, OOSC and irregular Students in the schools when the schools reopened after the lock down period,
- Sharing information about NRST Centres as well as motivating parents to send students regularly to the NRBCCs.
- To seek assistance in opening Bank accounts of the children so that the money given by Government for scholarship, dress, books, MDM etc. could be deposited directly into the account and
- To make Adhar card of the students who do not have it till now.

Participants: BEO, KRP, Govt. School Teachers/Headmaster/Principal, Tola Sewak, Vikas Mitra, Mukhiya, Ward Members, Anganwadi Sewika, ASHA, Core Committee Members, Parents of the children, and villagers participated in interface meetings.

Outcome

- In all the meetings the participants promised to help to get the students admitted or re-admitted to the nearby schools as well as assured cooperation for the smooth functioning of the NRBCCs
- Parents became aware of the rights of their children for education and sought to know how to access the fund being sent by the government for dress, books and of other provisions.
- The officers provided clear information regarding the rules and regulations of bank accounts; to open accounts in the name of every student or change the account number if there are more than three children.
- The officials and representative promised to help in getting the benefits of Govt. schemes to all the children.

Program Output 5: Mothers/parents & community members participate in training in social security schemes and income generation programmes

Mothers of almost all the children of NRBCCs are members of the Self-Help groups being animated by Mahila Shikshan Kendra in Sheikhpura and Pragati Rural Development Centre in West Champaran Dt., Units of Mashal. The Project staff conducted animation sessions with the mothers to inform them about various schemes as well as to disseminate information on how to apply and follow up to get benefits from the schemes.

Outcome:

- Women who were informed of the schemes approached the concerned offices for availing them.
- Guidelines were provided by the supervisors and helped with filling up the application forms.
- 302 person got Job Cards and MANREGA in West Champaran
- 38 mothers of students got Rs.12000/- each to buy goats under Jeevika Programme in West Champaran
- 11 families got ration cards with which they can get free ration in West Champaran
- 156 mothers are engaged in income generation activities in Sheikhpura

Program Output 6: Flood Preparedness Training:

North Bihar is a flood prone area causing huge damage to crops and affecting over 30 lakh population. Nautan Block of West Champaran, where project activities are being implemented, gets flooded every year. In order to ensure safety and wellbeing of children during flood, Flood Preparedness training was conducted on 29th October in Bishambharpur and on 30th October in Shyampur Kotraha, of Nautan Block, West Champaran Dt.

Participants: At Bishambharpur 77 women and 32 men and at Shyampur Kotraha 97 women and 17 men including Ward member, Vikas Mitra, School Teachers, School Management Committee Members, and villagers.

Outcome:

- Villagers became aware of the preparedness during, after and pre flood situation and what safety measures must be adopted. They also came to know about the roles and responsibilities of the Govt. officials and public representatives during flood.

6. Extra-Curricular Activities:

Extra-curricular activities such as Constitution Day, Republic Day, International Women's Day, Teacher's Day, Sports Activities, Celebration of Gandhi Jayanti, International Girl Child Day, Literacy Day, Children's Day, and Academic Quiz were conducted during the year.

7. Training on Policy on Prevention on Sexual Exploitation and Abuse (PSEA):

One day training on PSEA was conducted for the staff at the end of the staff trainings.

Mashal has a policy of zero tolerance towards SEA. All employees and related personnel of Mashal are expected to always uphold the highest standards of personal and professional conduct, and to provide humanitarian assistance and services in a manner that respects and fosters the rights of beneficiaries and other vulnerable members of the local communities.

The organization holds mandatory trainings for all personnel on the organization's SEA policy and procedures and the training includes:

- definition of SEA (that is aligned with the [UN's definition](#)).
- prohibition of SEA and
- reporting of allegations, investigation, and referral of survivors

Monitoring Visit by UNICEF Team



The management of Mashal, the project staff and students are grateful to the UNICEF team who visited the project villages in both the districts. They have given valuable feedback for further improvement of the project.

The Spot check was conducted by the UNICEF Finance team at Mashal Head Office and feedback given for improving the functioning.

Mashal has scored, “Low Risk” in both Micro Assessment of the Organization by an external CA firm and PSEA policy Assessment by Unicef.

Project 2;

Project Title: Promotion of Basic Education of the Girl Children of the Deprived Communities in Bihar

Funding Partner: Italian Bishop' Conference

Area of Implementation: 20 villages each under Units of Piro, Raxaul and Chenari
30 villages each under Units of Sasaram and Gahiri

The overall Goal: "Promotion of Gender Equality by Accessing Quality Education"

Objective 1: Enrolment and retention of 1200 out of school and dropout girls in the age group of 06-18 years of the Scheduled Castes and Scheduled Tribes, minorities, and most economically backward class Communities

Objective 2: Sensitization of the marginalised communities in 120 villages on Right to Education for better enrolment and retention of girls in the mainstream schools

1. Orientation and half yearly review meeting with the project personnel at the centre

On 29th and 30th June 2021, reflection and analysis was done on the details of the project such as no. of girls participating in each of the activities, the impact of the activities on the girls, their parents and the village community as well as the challenges faced. In subsequent sessions, training was given about how to teach literacy and numeracy during the weekly classes.

On 7th, 8th and 9th December 2021, half yearly meeting was conducted. On the first day of the meeting each group presented their reports with photos. On the second day (08.12.21) the teaching techniques for language development that was introduced in the first training in June was repeated. Few more innovative and systematic ways of teaching was introduced. On the third day (09.12.21) inputs were given on teaching mathematics using the Teaching Learning Materials (TLM) like beads and sticks for counting, addition, and subtraction.

In the afternoon components of Mashal's Policy on Prevention of Sexual Exploitation and Abuse (PSEA) was explained to the staff. All the staff signed the code of conduct formed under the policy.



2. Celebration of Girl Child Day and Education Day

The celebration of Girl Child's Day was conducted in all the Units as planned. The Theme of the celebration was "My Voice for Our Equal Future." 1863 girls participated in the training against the target of 1200 girls.

The content of the programme of the day is as follows:

- Introduction about the International Girl Child Day as to why this day was declared by UN as Girl Child Day
- The situation of girl children in our country – a short interactive session with the participants
- Importance of education and higher education for girls today
- Short Hindi spelling competitions through dictation
- Basic Mathematics, simple additions, and subtractions
- Cultural programmes like – recitation of action songs, songs and story telling
- Indoor Games
- Prize distribution for the winners of competitions
- Distribution of refreshments and dispersal



“It was amazing to see the self-confidence the girls have gained through weekly classes and trainings and interactions. The girls who never went to school were able to stand alone on the stage to give speeches or recite poems and stories that they had learned. All of them want to continue their studies and felt empowered by the gatherings”.

3. Training to members of Community Based Organizations (CBO)

One day Training was given to 2945 women from the Community Based Organizations (CBO) on RTE on their role in the promotion of education especially of girls' education, and on government schemes which are launched for girls. The trainings were conducted in all the project villages as planned using a common module by the Resource Team of Mashal which is given below:

Content of the training is given below:

- Importance of Education
- The rights of children

- The rights and duties related to education mentioned in Article 21 "A" under Fundamental Rights and 51A (k) under Fundamental Duties.
- The Rights of Children to Free and Compulsory Education Act, 2009.
- New Education Policy
- Importance of community participation in strengthening RTE implementation.
- Role of parents, teachers, community in helping children improve their learning.
- Why School Management Committee (SMC)?
- Government Schemes to support education

Outcome of the training:

At the end of the training, the participants shared that they would ensure that their children go to school regularly and that they would visit the school and keep contact with the teachers.

Rajkumari Devi shared that she did not know about the School Managing Committee which all the schools are supposed to have. She is now motivated to fulfil the duties of being a parent in the school.

Devanti Devi expressed that the grains for midday meal is not distributed timely, and children also don't get scholarship. She told that through this training she came to know of the rights of children and that she will demand for it.

Hiramuni Devi said that they receive no help from anywhere as they belong to the lowest caste group, the Musahar caste. Their children are discriminated against and chased away from the school. Children are not accepted or respected in school. But she will work towards ending it.

Muniya Devi regrets that she did not have the opportunities to study. Her parents did not educate her. But now she wants to educate her children specially the girls.

Shivkumari Devi said that because of the poverty and financial problems in the family, they were not able to send children to school. But through this training she is motivated to send the children to school, though she is poor. She is so happy to get information about the government programs.

Challenges:

- Many of the women go for work on daily wages. Due to lack of economic stability of the families, they are not able to send their children for higher studies.
- The Government has introduced many schemes for the poor children. But the people do not have the required documents and they are not able to fill in the application forms online. Hence, the people do not benefit. Mashal staff support the parents to apply for schemes online wherever possible.



Gahiri



Piro

4. Interface Meeting

Interface meetings were conducted in all the Units as planned in the project.

Objectives of the meeting

- To create an integrated approach to the education of the children from the marginalized communities with the cooperation of the government agencies and the village community
- To encourage the parents of the learners to take active role in improving the school atmosphere through their active participation in the School Management Committee's activities and Parent- Teacher Association Meetings

Process:

The service providers and parents had face-to-face discussion about the concerns and the challenges that the parents and the teachers are facing and how to promote the education of the girls particularly their retention in the school as well as to introduce various schemes of the government related to education.

Outcome:

- The community became aware that they can approach the service providers and get help in need.
- Both parties realized that there had been plenty of drawbacks in their functioning which affect the future of our children and our nation.
- 20 applications are submitted to BEO seeking various schemes for the children.
- The presence and sharing of the girls from the Centers gave a realistic picture of the grim situation of education that we have been focusing on.
- The interaction between the officers and parents raised hope for the girls and parents for a better scenario in rural government schools.



Interface meeting in Piro

5. Life skill training

The objectives of the trainings are as follows:

- To build self-esteem among the participants
- To awaken critical thinking among the learners
- To develop the ability to think and articulate freely

The topics covered are:

- ❖ The key to success
- ❖ Social participation
- ❖ Responsible citizenship
- ❖ The goal of life
- ❖ Self-awareness/recognizing one's abilities
- ❖ Capacity building

Outcome of the training:

- The trainees were motivated to focus on a goal in life
- Positive thinking began to evolve in the participants
- The participants began to develop the ability to think critically
- The ability to listen and to cooperate with one another began to emerge
- A sense of responsibility began to awaken in the participants
- They decided to work hard to achieve their goal in life
- Learned to work together in cooperation with companions and elders
- Give importance to unity
- Learned to see the good qualities in oneself and learn to appreciate them
- 1594 girls participated in the training against the target group of 1200



Sasaram



Gahiri

6. 20-Day Intensive Coaching

Intensive Coaching was conducted in all the Units for 25 or more girls. Those girls who showed keen interest in continuing their studies in higher classes but were not able to read and write Hindi and Mathematics fluently, were selected. 221 participated in the intensive coaching against the target of 221 girls.

Process:

A baseline study was made in the beginning to measure the existing knowledge of the girls. The Baseline study showed that the learning level of girls was very poor. Most of them were not able to read or write even two-letter words. Accordingly, they were given learning activities to enable them achieve age-appropriate knowledge of literacy, numeracy, and basic general knowledge.

The lessons were highly interactive and engaging the children all the faculties of children in learning. Wherever the animators were creative, systematically planned lessons and used all the TLM, students learned as expected.

Outcome of the Intensive coaching

- Girls in the B group learned to read the given text book fluently
- 60% of the girls can write short sentences when dictated word by word
- 50% of the girls learned addition, subtraction and learned to borrow from the next digit.
- 20% of them can do multiplication with one digit number.
- Behavioral change is evident in attending the class like punctuality, discipline in the class, sharing their snacks with girls from the next tola, Cooperation from the village community – The community created an atmosphere for learning.
- Parents were very happy and they were sending their children daily for the classes.
- In Piro Unit, the girls who attended the intensive coaching had never been to any school. They are from very poor families and been agricultural laborers. This short experience has developed keen interest in them to study. During the training, they were taken to a government sponsored residential school. Most of them are eager to join the school to continue their education.



Chenari



Raxaul

7. BBOSE Linkage-2022



Mashal staff of Gahiri Unit assisted 15 girls from Musahar and other Dalit communities of the focus areas to register in BBOSE for the academic year 2022. The staff organized meetings with the selected girls' parents motivating them to support the girls to complete their studies. After the registration the special coaching classes were conducted to coach them to prepare themselves for the exams. Continuous motivation and patient teaching

helped the girls to gradually learn the syllabus.

8. Monitoring Activities

- **Daily Monitoring of the Field Activities**

Daily monitoring of weekly classes and other project activities was done through reports, field visits of Sisters in charge of the Units and the Unit Coordinators. The mothers of the girls attending the program also were regularly present for the activities and shared their feedback about the activities.

- **Monthly planning and reporting:**

Monthly meetings in each Unit were held for planning, and evaluation by the unit in-charge for the purpose of better implementation of the project activities and to prepare lesson plan and activity plan for the next week and month.

The Facilitator and Director of Mashal also regularly visited the project areas and when she could not go to the field, conducted online monthly meetings with the unit in-charges for guiding and better implementation of the program.



- Monitoring meetings with the staff and Monitoring meeting in the villages

Project:3

Funding Partner: Kindermissionswerk

Project Title: To Promote Basic Learning Among the Children of Marginalized Communities of 15 villages in Munger District, Bihar

Area of Implementation: 15 Santhal villages in Haveli Kharagpur Block, Munger Dt.

Starting Date: February 2022

Reporting Period: February to March 2022

Goal:

Enable the children of marginalised communities develop holistically in their formative years so that their potential is actualised in creating a healthy and just society

Objectives

1. To facilitate age-appropriate learning in language (Hindi) and numeracy skills among children aged 07-12 in 15 hamlets in two years of the project.
2. To promote awareness among parents about children's right to education and importance of higher education for girls in two years.
3. To ensure nutritious food for children in the target villages by networking with the school authorities in two years.
4. To address psycho-social disturbances among children arising from lockdown situation in two years.

Achievements:

- Rapport building, community mobilization and enrollment of children aged 07-12 in 15 villages in the target area.
- Interview and selection of 15 village animators to facilitate the learning activities of the children in Flexible Learning Centres



Focus Area: Agriculture

Project 1

Funding Agency: NABARD

Name of the project: Integrated Tribal Development Programme

Area of Implementation: 10 Santhal Tribal Villages in Haveli Kharagpur Block,
Munger District (Jamalpur Unit) 200 families

Primary Objective:

To provide livelihood security to 200 tribal families by establishing 160 orchards of selected fruit plants (which in due course of time would increase their level of income and employment) and other wild plants (to meet the fodder, firewood and timber requirements of tribal people and thereby reducing their dependency on forest) as well as providing livelihood promoting activities for 40 landless families.

Physical Progress of the project

Sr.No.	Project Component	Phase 1 (March 2021 to February 2022)	
		Sanction	Achievement
1.	Horticulture Plantation & Maintenance	80	Planting completed in 66 Acres of land Identification and fencing completed for 80 acres of land Survival rate: 43%
a.	Mango Plantation		
b.	Lemon Plantation		
c.	Guava Plantation		
d.	Boundary Plantation		
e.	Live Hedge / Fencing		
2.	Soil Conservation*		
a.	FB / GB	75	5
b.	Water Absorption / Cattle Proof Trenches	40	18
c.	CCTs / SCTs (Acre)	40	18
3.	Water Resource Development		
	Providing water resources from borewell Including motor (250' Deep 4" Dia)	6	6
4.	Programme for landless (Livelihood activities)		

(a)	Goat rearing (One Unit = 5+1)	20	20
(b)	Nursery	1	1
(c)	Vermi Compost	10	10
5.	Health		
(a)	Health Camp	1	1
(b)	Establishing Kitchen Gardens	3	3
(c)	Establishing Herbal Gardens	3	3
6.	Women Empowerment		
(a)	Group Formation	5	5
(b)	Training to SHG members	5	5

7.	Common Resource Centre	1	0
8.	Training and Capacity building		
(a)	Capacity building Training of staff	1	1
(b)	Awareness creation meeting in village	5	5
(c)	Training for Wadi and improved agriculture	8	8
(d)	Training on Health issues affecting the community	3	3
(e)	Training on kitchen garden	3	3





Project 2:

Funding Partner: NABARD

Project Title: Micro-Enterprise Development Programme-Dairy Farming

Target Group: 30 SHG women of Sheikhpura

Amount Sanctioned; .66

Starting Date/ Month: March 2022

Ending Date: May 2022

T&C signed in February 2022: Training to be conducted in April 2022

Project 3:

Funding Partner: German Doctors

Project Title: Promoting Sustainable Scientific Agriculture Systems Among Small & Marginal Women Farmers in Bhojpur Dt. of Bihar, India

Area of Implementation: 20 Villages of Charpokhari Block

Objective 1

Small, marginal and sharecropping farmers have increased agricultural productivity, increased access to nutrition/ micro-nutrients rich food crops with climate-change resilient agriculture practices

Objective 2

Small, marginal and sharecropping farmers have Access to Government Extension services and reduction in post-harvest losses

Following activities were carried out during the project period to achieve the objectives:

1. Formation and strengthening of 20 Women Producer Groups (WPGs) of 200 women.
2. Soil testing done in 20 project villages in coordination with Department of Agriculture / Krishi Vigyan Kendra
3. Establishment of 20 Demo Plots (DPs) on improved crop variety and cultivation practices
4. Establishment of 20 Demo plots on Vermin Compost
5. Trainings of 20 Women Producer Group farmers on improved crop variety, nutrition rich food crops, and modern cultivation practices (Training on Package of Practices - PoP trainings, distribution of improved crop variety)
6. Procurement and distribution of improved seed variety (Kharif season) to 200 farmers
7. Procurement and distribution of improved seed variety (Rabi season) to 200 farmers
8. 200 women of WPGs visit to KVKs, and other farm on traditional and advanced scientific farming
9. Village level Sensitization meeting /campaign on nutrition source, food security, and how to preserve micro-nutrients in soil and crops held in 20 villages.
10. Training of WPG or other farmers on post -harvest management, storage of produce and seeds with value-addition systems held in 20 villages.
12. Block level Convergence meetings with Government, Agricultural universities, Krishi Vigyan Kendras, Banks, NGOs and farmers for improved access to inputs and information to farmers held in 20 villages.
13. 20 Vermi Compost Bags Distributed and 180 women registered on kisan's portal



Project 4:

Funding Partner: KFB Austria

Project Title: Promotion of Scientific Agricultural systems (PSAS) in 30 villages of Munger District, Bihar

Area of Implementation: Two Blocks (Dharara and Jamalpur) of Munger district, Bihar

Outcome/ objectives 1

30% of small, marginal and sharecropping farmers in the target villages have increased agricultural productivity by the end of the first year.

Output 1.1

1. 500 Farmers (mostly women) of 30 target villages are aware of the need to form FPGs
2. Formation of Farmer Producer Groups in 30 villages

Activities:

1. One day training was conducted for 180 women (6 women from 30 villages) on the drawbacks of present farming practices, modern sustainable farming practices, recent Government regulations regarding FPOs, advantages of FPOs and the rules and regulations of FPOs.

Output 1.2

500 farmers are trained on climate-change resilient crops, and organic farming and adopt improved scientific agricultural practices

Activities conducted:

1.1. Training was conducted for 60 women (2 women from 30 villages) on improved crop variety, nutrition rich food crops, and locally successful modern cultivation practices followed by village level training by these women and staff.

1.2. Demo Plots (one plot each in every project village) were established for promotion of improved crop variety and cultivation practices in all the selected villages using appropriate methods suggested by the local agriculture department of the Government.

1.3. Training was conducted for 60 women farmers (2 members from every village) following which Demo plots on Vermin Compost and organic pesticide were established in all the 30 villages

1.4. Soil testing was done in project villages in coordination with Department of Agriculture / Krishi Vigyan Kendra

1.5. Improved seed variety of wheat was procured from the Agricultural University, Bhagalpur and was distributed to the identified farmers.

Objective 2:

40% of women farmers of the target villages have increased access to nutrition rich food and use traditional medicines for minor ailments.

Output 2.1

500 farmers of the target villages are trained to plant and maintain kitchen garden in all seasons.

Output 2.2.

500 farmers have gained knowledge of herbal remedies for minor ailments and a group of women prepare herbal medicines for common ailments, oils for pain, tonics etc. and sell in villages as well as in village level outlets

Activities conducted:

2.1. Village level Sensitization meetings were conducted on nutrition source, food security, and how to preserve micro-nutrients in soil and crops

2.2. Fruit tree saplings were distributed and kitchen gardens are established in selected villages.

2.3. Training was conducted for the members of WPG and other farmers on post-harvest management, storage of produce and seeds with value-addition systems.

2.4. Training conducted for WPG on herbal gardens

Objective 3: 500 Small, marginal and sharecropping farmers have access to Government schemes related to agriculture, achieve reduction in post-harvest losses and greater bargaining power for their produces

Output 3.1.

50% of the beneficiaries are knowledgeable of pre and post-harvest management techniques and adopt them

Output 3.2.

The project staff are capacitated with knowledge on the project components

Activities conducted:

3.1 Training was conducted on pre and post-harvest management and marketing techniques for the members of Producer Groups.

3.2. Exposure visit for project staff was held to Government agricultural departments for firsthand experience of modern agricultural practices, organic farming and kitchen garden

Objectives 4.

300 Dropout and Out of School Adolescent Girls in High schools from the Scheduled tribes and Dalit and Backward communities of the target area continue their higher education

Output 4. 1.

300 adolescent girls (11-18) are empowered to critically analyze issues pertaining to education, health, nutrition & legal rights especially regarding Right to Education, Abolition of Child Marriage Act 2006, and Protection of Children against Sexual Offence Act 2012.

Activities:

4.1. Monthly Meeting of the Enrolled girls are being held with Specific Agenda for motivation and leadership building

4.2. Communities were mobilized for Regular Attendance and Retention of adolescent girls enrolled in high schools through: -

Periodic meetings with CBOs & mothers on RTE and One Day Training on RTE for CBO women and Mothers

Objective 5:

Mainstreaming 200 Dropout and Out of School Adolescent Girls and boys through Skill Development Program

Output 5.1.

100 young women including adolescent girls are being given training in tailoring, beauty culture and computer skills to promote entrepreneurship and economic sustainability.

Activities:

5.1. Skill training in cutting Tailoring, Beauty culture is being conducted at Panchayat level.

20 girls have the course in 2 batches.

5.2. Diploma course in Computer Application (DCA) for girls and boys

Duration – 6 months each group (2 groups in a year).



Project 4:

Funding Partner: Sisters of Notre Dame

Project Title: Integrated Community Development Programme

Area of Implementation: 10 Santhal Villages of Kharagpur Block, Munger Dt.

Duration: Jan.2022 - Dec.2022

Project objectives:

- To promote collectives of marginal farmers (Farmer Producer groups) of tribal communities who will be guided to engage in ecofriendly and sustainable agricultural practices,
- To ensure food security and intake of nutritious food by growing vegetables in kitchen gardens using organic manure,
- Bring back the tradition of using herbal medicines for minor ailments by growing herbal gardens and learning to make herbal tonics, concoctions and oils
- Purchase a four-wheeler to go to the villages that are 40 km away from ICEC, Jamalpur



Activities completed; A four-wheeler has been purchased. Target villages identified. Needed staff has been appointed. Awareness creation trainings towards the formation of Farmer Producer groups is going on in the villages.

Focus Area- Skill Building of Youth

Project 1:

Funding Partner: Sisters of Notre Dame

Project Title: Skill Development Training of Rural Youth

Area of Implementation: 4 Centres in Bihar: Jamalpur in Munger Dt, Raxaul in East Champaran Dt., Gahiri in West Champaran Dt., and Sasaram in Rohtas Dt.

Duration of the Project: Jan.2022 to Dec.2022

Activities	<p>Computer Centers were set up in 4 units (Gahiri, Raxaul, Sasaram, and Jamalpur) and training given to the youth in computer related skills like-</p> <ol style="list-style-type: none"> 1. BCCA (Basic Course in Computer Application) 2. DCA (Diploma in Computer Application) 3. ADCA (Advance Diploma in Computer application)
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Units	No. of Persons who benefitted
Sasaram	20 (17 girls and 3 boys)
Gahiri	146 (53 girls and 93 boys)
Raxaul	37 (15 girls and 22 boys)
Jamalpur	70 (40 girls and 30 boys)
Total number of students for 2021	273 (125 girls and 148 boys)

Project 2:

Funding Partner: Sisters of Notre Dame

Project Title: Computer Skill Development Training for 320 Rural Youth and animal rearing for sustenance to cover 40 families in the district of Sheikhpura

Area of Implementation: 4 Centres in Bihar: Jamalpur in Munger Dt, Raxaul in East Champaran Dt., Gahiri in West Champaran Dt., and Sasaram in Rohtas Dt.

Duration of the project: Jan.2022- Dec.2022

Objectives of the Project:

To train rural young adolescent dropouts' boys and girls (under Matriculation/Matriculation PASS) in computer skills. Some of the preferred courses that are offered MS Word, Excel, Photo Shop, DTP, Visual Basic, C Language and account package.

Animal rearing for sustenance to cover 40 families in the Block of Sheikhpura who are from deprived families and are migrants.

Activities conducted:

74 girls and 24 boys had attended computer-based trainings this year.

40 women were given milch animals this year with the fund. It is being used as a revolving fund. More women will be able to purchase milch animals in future.



Focus Area- Care of girls in Need of Protection and Care

Funding Partner: Child Protection Society, Government of Bihar

Name of the project:	Home for Girls
Area of Implementation:	Patna
Year of Establishment:	May 17 th 2018
Name of the District:	Patna
No. of staff:	13
No. of Girls placed in Asha Kiran during the year:	205
No. of girls restored to the Family:	162
No. of girls transferred to other Homes:	13
No. of girls sent for diploma course in Hotel Management, Bangalore:	2
No. of children residing in the Home as on 31.03.2022:	30
No. of children going to school:	19
Focus Areas: Counselling and reuniting girls to their families, education and personality and skill development.	

During the year the Home had the following training and activities:

On April 14th 25 children, staff and security Guards of Asha Kiran had Corona Test. After the test 1 child and 5 staff were found Covid -19 positive. They were given needed treatment. On May 25th Zoom Meeting was held by NIMHANS, Bangalore for all the superintendents and coordinators of the CCIs (Child Care Institutions) to create awareness on how children could be affected due to COVID – 19 situations.

On June 5th World Environment Day was celebrated with a special prayer, and a short program that included recitation of poems, speech, songs etc. pertaining to the protection of the environment. Later on all the 25 children and 10 staff of Asha Kiran, planted a plant each in the campus. In the evening, children attended a Zoom Meeting conducted by Brahma Kumaris on creating a healthy planet where all could have a healthy and harmonious living.

On July 10th meeting of Home Management Committee was held. On July 12th Home had the celebration of Feast Day of St. Julie, the Spiritual mother of Sisters of Notre Dame. Children presented a short dance drama on the life of St. Julie who founded the Congregation of Notre Dame. After the program everyone enjoyed tasty snacks and tea.

At 09: 00 AM on 15th August, we had the flag hoisting ceremony at the campus of Asha Kiran. Sr. M Namrata our chief guest unfurled the tricolour and everyone present for the ceremony honoured the flag and sang the National Anthem. Children presented a short cultural program expressing patriotism. On August 16th School Reopened after almost one and half years of closure of schools due to the Corona Pandemic. 13 children of the Home are studying in school. The Child Welfare Committee (CWC), had inspection of the Home after several months of gap on August 17th. They were happy about the way children being cared for here at Asha Kiran by all the staff. On August 18th Home management Committee had Meeting. All the matters regarding the Home were discussed with the members. The feast of Raksha Bandhan was celebrated with much joy on August 21st. Children along with the staff had prepared Rakhis for the occasion. On September 6th our children who study in the school had their Teacher's Day Celebration in the morning. They presented colourful group Dance on this occasion. At 3:00. p.m. Home had celebration; speech, dance, songs, skit etc. were staged by our children for all the staff of Asha Kiran. It was a joyful day where children felt happy to honour their teachers.

On October 11th International Girl Child Day was celebrated. Children staged a small cultural program on the occasion based on the theme of the celebration.

On November 8th – Special Meeting was organized for the children of the Home with District Magistrate. Children of all the Homes had prepared a special collage depicting their freedom of expression and enjoying child rights and all facilities in the Homes. On November 14th 10 selected children of our Home went to attend the children's film festival at Bihar Museum, Patna. On November 15th Children's Day was celebrated in Asha Kiran. Children had a quiz competition and later staged a short role play as well as songs, speech and dances. On November 20th selected children from different Homes attended a session at Nav Jyoti Niketan regarding child Rights, duties and responsibilities of a child. On November 29th, a felicitation program was organized for Kalsh Kumari and Rani Parveen who belong to our Home and completed their diploma course in hotel Management were felicitated in Asha Kiran. A great number of SND Sisters and officials from DCPU and SCPS, too were present for the occasion.

On December 9th, training for superintendents of homes resumed again by NIMHANS and SCPS. The topic for the training program was Comprehensive training and capacity Building Program for Superintendents. On December 16th – a meeting was held at CWC Office. Staff of Apna Ghar, Railway Child Line, Special Juvenile Police Unit and all superintendents of the Homes were present to discuss and share the matters concerning the children of the Homes and deserving children who come under Juvenile System. On December 17th, Home Management Committee Meeting (HMC) was held at 03:30 PM in Asha Kiran. On December 18th, District Inspection Committee (DIC) came to have a visit and inspection of the Home and were pleased with it. On December 21st & 22nd two new Teachers namely Kumari Shikha, and Suman Kumari appointed by Government joined the Home to teach the children of the Home. On December 23rd - Christmas Celebration was held. Some of the officers and many of our sisters joined the occasion. Appreciated the nativity scene and other performance by children of the Home. They also exchanged Christmas gift with each other and enjoyed special cake prepared

at Home. On December 27th, Children of Asha Kiran joined the SND Sisters to present the Nativity Scene for the gathering of Transgenders at Notre Dame Academy on the occasion of Christmas. On January 1st children had a special prayer service, wished each other and enjoyed watching a film on children and enjoyed celebrating the New Year by dance and songs.

On January 5th, Training on digital Class was given to all the staff of Asha Kiran by Mr. Rakesh Kumar from 11:00 AM to 01:00 p.m. On January 10th- Training on Oxygen concentrator was given to all staff by SCPS so that if anyone requires assistance could be managed by the Home staff. On January 16th children who were above 15, were vaccinated for Covid-19, by the staff of Gardanibagh Government Hospital, Patna. On January 26th, Republic day was celebrated by Children and staff of Asha Kiran. Sr. Nirmala SND, was the chief Guest and hoisted the National flag on the occasion.

On February 2nd Sr. Prabha, the Treasurer of Mashal spent half a day with the accountant to help with the entry of account on cash Book, tally etc. On February 5th, Saraswati Pooja was celebrated by children of the Home. On February 7th, meeting was conducted for superintendents of the Homes as COVID cases were rising, to protect and take precaution. On February 9th Inspection was held by CWC Team, Patna who met the children and staff and talked to those children who were waiting to be reunited to their families etc. On February 11th Suman Kumari who was 18 years was reached by the superintendent of the Home to Hello Smile LLP to Sampath Chack, Patna for after Care Programme. On February 18th, Inspection by SCPS Team was held around 11:30PM to 01:00 PM. They checked all the registers regarding the Home. Along with words of appreciation, they also gave some suggestion regarding keeping medical and other registers regarding children. On March 15th, District Inspection Committee of Patna had their inspection. They were pleased to see the way our children are taken care of in Asha Kiran.

On March 18th Holi was celebrated in the Home. The Program Officer Mrs. Mukta Mohini and UNICEF Consultant Rashmi Jha of State Child Protection Society, Patna came to celebrate Holi with our children. Children enjoyed playing Holi, the festival of colors also spent enough time dancing together. On March 23rd, Home Management Committee Meeting was held. During this meeting different matters regarding care and protection of children were discussed. On March 26th, the Unique Identification Authority of India Patna, conducted a camp of Aadhaar Enrollment of 20 children of the Home. On March 29th, children had a picnic to Gandhi Maidan area, Gandhi Sangrahalaya, Patna, Pir Ali Park and Gol Ghar.

Conclusion

Mashal is grateful to the General Body and Governing Body Members, the donors and well-wishers, the Unit level Directors, Administrators and staff for rendering selfless service in Health care and implementation of various social projects. During the year, we have made tremendous contribution towards the betterment of the Society, especially the marginalised communities and persons. May the positive impacts of our programmes of this year give us fresh energy and commitment as we continue reaching out to the most vulnerable.

